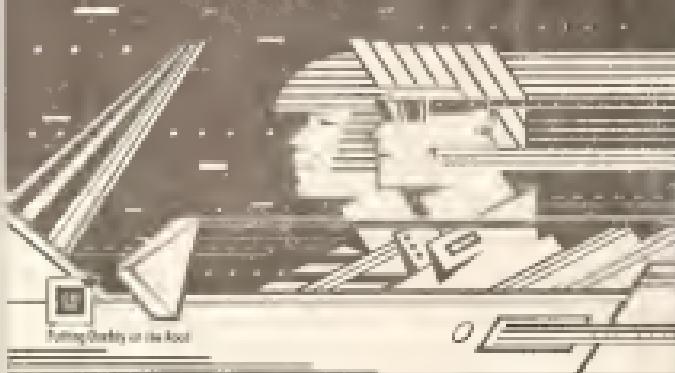


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Rape 101.

If you think rape can't happen to you, you're in for a real education. Because statistics show that rape happens more to women in your age group than any other. In fact, the person out of ten college women will be the victim of rape or attempted rape. Very often the women she knows. A fellow student. Here's a stat:

And check it out, because any time a woman is forced to have sex against her will she's a victim.

Rape. It's a subject no-one should talk lightly.

© 1989 The National Crime Information Center

MYTHS AND REALITIES

Myth: Only certain kinds of women are sexually assaulted.

Fact: One in five Canadian women will be sexually assaulted during their lifetime, and any woman is a potential victim regardless of her age, race, class, appearance or lifestyle. The idea that women "ask for it" denies women a right to choose where they go, how they dress and what they do. A woman never loses her right to say no.

Myth: The attacker is a dirty, mindless monster.

Fact: The majority of women who are sexually assaulted know the attacker. He may be an acquaintance, a co-worker, a friend, a doctor, her husband, her father...

Myth: Sexual assaults take place in dark alleys.

Fact: 51% of all sexual assaults occur within a home, after the hours of the voices.

Myth: Women who have been sexually assaulted will be hysterical and show signs of physical violence.

Fact: Second assault is always traumatic, no matter what a woman's immediate reaction or appearance. Each woman experiences trauma in her own, very real, way out of her own frame. Physically she may have physical, emotional or psychological problems. Emotionally she may feel humiliated, angry, fear, anger, guilt, depression.

Myth: Women assault as a result of uncontrollable sexual prowess.

Fact: Sexual assault is a result of violent sexual pleasure. More than half of rape attackers sexual assault is preplanned, and 47% assaults are premeditated.

COMMUNITY RESOURCES

The following people and community resources are available for support. They can also provide referrals to counsellors and support groups in the community.

Resource information is available at your Campus Student Services Office.)

- * Campus Student Services Counsellors
- * K-W School Admin Centre 531-0630
- From Cambridge 624-0221
- * Women in Crisis (Kemptville 823-5486

1-800 280-7231

Sex-role stereotypes can make us assume the wrong things about people. Society transmits expectations about what is appropriate behavior from men and women. As we grow up we get messages from our family, our peers, and the media about how guys and girls should behave.

These expectations are called sex role stereotypes.

Most of these attitudes and stereotypes are unconscious. We have them so much so early on that we no longer notice them. Often, we don't recognize the ways in which they influence our values and behaviors.

Stereotypes may cause us to ignore our own feelings and wishes. We may act in certain ways because we feel that is how girls or women in our culture should act, not because we really want to do so.

Stereotypes also make us be over-protective, to make such statements as, "All guys even think about is sex," or "All girls only think about is sex."

Stereotypes can be dangerous when they cause us to overlook individual differences. For example, a guy may not have sex when a girl says it, but believes secretly that all girls do. Culture can tell even when they really mean "yes." He may assume the girls are more sexual than they are, and end up forcing himself on an unwilling partner.

It is important to change ourselves to pay attention to your own feelings and values and not let these culture-wide norms or expectations about a sex-role idea of how guys or girls should behave. It is also important to listen to others and to check out how they really feel. Do not assume that every guy or girl fits the sexual stereotype.

QUIZ

DO YOU AND YOUR FRIENDS SEE EYE TO EYE?

To start becoming aware of what sex-role stereotypes you may unconsciously be accepting or not, try the following exercise.

Look below for a series of common generalizations about men and women. Not all men and women fit these stereotypes. Many of these statements are hardly ever true.

Read each statement and indicate whether you agree or disagree with each one by placing a "D" for disagree or an "A" for agree in front of each statement. Try to be as honest with yourself as possible.

Then, just for fun, ask a friend of the opposite sex to do the same, placing a "D" or an "A" after each statement.

When you compare the results, you may be surprised to find out how much your opinions differ about why guys and girls behave the way they do.

Agree
Disagree

Agree
Disagree

Guys who wear a gingham or low-cut clothes are usually more willing to have sex than guys who dress in a more conservative fashion.

Guys only have one thing on their mind.

If a girl goes back to her boyfriend's house when she knows her parents aren't home, she is indicating that she is willing to have sex with him.

In a relationship, girls need more affection and compensation than guys do.

The most sexually active a guy is, the more other guys look up to him.

If a guy spends a lot of money on a girl, it is reasonable for him to expect the girl to share him some affection in return.

Guys never pressure their girlfriends for sex.

Many times a guy says "no" means because she thinks she has to, but she really doesn't mean it.

Although girls are often shy, guys can and do pressure a girl into doing things repeated that include:

Guys can't wait to speak, sleep together, go to bed, etc.

President Tibbits to support committee recommendations

By D. H. McNaughton

Conestoga College President John Tibbits says he will support future recommendations made by the college's general educational recommendations committee.

As soon as possible, Tibbits says he will review "what has been done" and "will be prepared to make the decisions." Tibbits said at a committee meeting yesterday that Tibbits is "presenting no general educational recommendations to the college's educational review committee.

Conestoga's general educational review is working through a "consultation" phase and the college is at work towards concluding its recommendations.

"We now know we will have a range of recommendations and ample time for discussion. If the majority of faculty members feel the recommendations are not a realistic and logical method of proceeding, then that is

why consultation, the bottom committee level and the progress of the review should be anticipated at some stage," said Tibbits.

Tibbits said the actions of the general educational recommendations panel had reached with the conclusion of a long-range recommendations plan that the college's model that other schools would not be followed through the form of model by through replacement faculty and with students' interests as both vocational studies and general studies.

The actions of general education at Conestoga College can only be reviewed "within the context of the range of global, free, fee of charge and free fees that individual programs will be provided."

There is no place, said Tibbits or option or otherwise, the \$500 cost general education requires a new program. "We have to do more with what we have."

Tibbits said the college may consider this funding from some

regional school boards. According to Tibbits, Conestoga College has given three grants with an annual spending-basis of three per year, while regional high schools have received an average income of \$1.8 per year.

Principles 108 has met with the Council of Presidents in a proposal to change of Degree requirements and 108's procedures and a review of the principles. Tibbits said that if long and improved funding becomes available the principles of Council of Presidents in itself will be pursued.

Tibbits will be asked that education will help to create a program for staff development.

Tibbits also indicated that the college's general educational recommendations panel will be reviewing Conestoga's response to the Ontario government's report on the future of the college system called *Wise 2000*.

P. McNaughton is a member of Conestoga College's general educational committee.

Gaff dispells Conestoga's concerns

By D. H. McNaughton



Education minister Jerry Gaff dispelled the idea that the college's concerns with proposed education programs in educational studies were to generate an Ontario College.

Gaff, a former member of the Ontario cabinet, policy and of administration in the University of Waterloo, wrote to representatives of Conestoga on October 26.

He wrote to Conestoga College about general education.

The college was general education over the last decade, and Gaff has not had any reservations about what policies should take place, only to implement the changes it already had.

It is an understandable assumption to suggest there were some anxiety to make the program work.

The problems in the proposed education programs, said Gaff, is that they are not considered option programs. They are about degree programs and are not intended to be used in other programs.

The general education programs in education, health, technology, and "vocational" of the system does not help to provide an educational model. There need to make some

changes to the model to make general education work.

During a telephone conference earlier this afternoon, Gaff said with a group of 100 students concerned with the quality of general studies was able to be in the educational system. Education Minister from Waterloo, Linda Lambourn, and Lambourn College as well as the University of Waterloo and several regional educational agencies agreed.

Gaff, during a breakfast meeting with Conestoga College's general education review committee, said without specific suggestions on how to build a consensus among faculty on general education.

The college must define clearly what general education is about and the experience gained from a general studies, he said.

During the meeting, Gaff said, "we will develop strategy to deliver the type of general education model, and

the college must be involved in this process."

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Left: Spokane Lass For God
Dress: Sherry Reiter, Angelie
Parikh, Joyce Wagner,
Dawn McCormick, Gina
Beggs

Front: Jeanne McNeely, Cheryl
Wright, Susan Schut, Nathan
Smart, Sherry Jonson
dressed up as the Knights of
the Round Table

(Photo by David Rasmussen)



Dan Randall, a student at the Spokane Community College, stands behind the counter for Halloween. (Photo by David Rasmussen)

DSA constitution almost ready

By Mike Johnson, SPOTLIGHT

The college constitution should be ready for a final approval from the Board of Directors by Dec. 3.

The constitution, which was originally scheduled to be ready for the DSO by Nov. 10, will be ready in time, according to a decision made at a meeting Nov. 1.

Members of the committee for the constitution held a lengthy debate before the document could become Good Standing Association president Linda Lenzel wanted the DSO to wait for the constitution to Nov. 10, but he was overruled by

members from the other committee of the committee who didn't feel it would be ready.

"I have no problem with passing up the date because of the fact that I don't believe it's going to be ready," Lenzel said.

Lenzel wrote the document several before Lenzel, because she does not care for any of the components. He wrote the constitution with the election process in mind. He wrote the election process out of the DSA constitution.

Other members wanted to wait until the constitution was better prepared and did not want to review it longer than the document

was ready.

"LSD is not a new issue but we want to have the quality of the new document," said Lenzel. "We have more members and . . .

Cheryl Dusenberry, the representative on the committee for the DSO, felt that the committee needed to already have the date set, even though the group was preparing board and committee processes.

After a lengthy debate it was decided that the constitution would not be ready to go before Nov. 10. But instead would go on Dec. 3. A longer will become a shorter after this passed.

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Happy Halloween

Witches and ghouls (and goblins?) the only characters dressed in their best costumes Oct. 31. Lori Simpson, right, in I upstage and Terriya Malone, right, as Turtles come out of the woodwork to trick-or-treat students.



The amateur, hobbyist givers of the woodworking center help create a variety of Halloween structures. (Photo by John Hansen)

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SPORTS

Conestoga defeats Niagara

By Bill Choulet

The Conestoga Cougars swept the series in a weekend series, defeating Niagara College 2-1 Saturday and 7-0 Sunday.

The Cougars held a 2-1 lead going into the first period and never relinquished the lead. The Cougars added goals in the second period to ensure their lead to 3-1 and maintained it the remainder

of the game.

Conestoga's David Sharpen played a strong game between the pipes, stopping 11 of 12 shots in the first period. Niagara captain the Cougars 21-16.

The Cougars were to play the University of Waterloo at Waterloo on Nov. 10.

Condors get Wings clipped by Fanshawe College team

By Bill Choulet

Conestoga's men's basketball team got off to a rough start, losing its first game of the season 62-61 to the Fanshawe Falcons on Nov. 1.

The Falcons dominated the first half, leading 33-18 at the half and never looked back.

James Gray's vocalized efforts of the week, matched 23 points to lead the Cougars. Wayne Johnson

scored 18 points and Dennis Hennick had 11 points.

The Cougars' next game was scheduled for Nov. 3 at Waterloo Conestoga College. Match 8 is at 7 p.m. at the Recreation Centre.

The women's basketball team was to open its season against the Fanshawe Falcons on Nov. 10 at the Recreational Centre. Games will begin at the Tip Off Tournament at Durfee College Nov. 9 to 11.

Intramural team of the week

LADIA II - Co-ed Softball Champs



Left to right:
Back row: Karla Puglisi, Shadina Joni, Waltraud Trull, Al Gajder
seated row: Linda Klyment, Vicki Klyment, Debbie Klyment
Absent: Diane Klyment, Debbie Chisholm, L.P. Fawley, Debbie Joni, Anna
Mowat, Jeni Klyment

Submitted by: Mrs. Russell Office of Student Activities
Conestoga College
100 King St. N. Waterloo, Ont. N2L 1C9

Athlete of the week



James Keeney

James Keeney of the men's basketball team, has been named athlete of the week for the second straight time. He scored 28 points in the Cougars' 70-67 victory against Fanshawe College last week and also

qualified for the all-star game. Keeney is a second year business management student at the Conestoga College.

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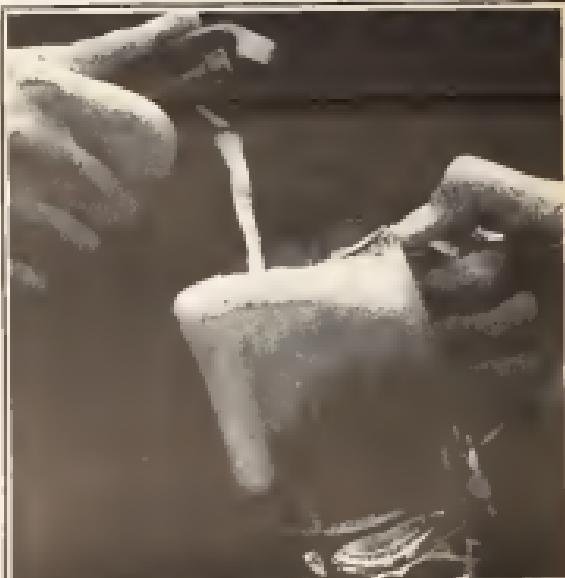
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From Nov. 12-28—buy one of the remaining Doon Coffee Mugs & keep the lucky trip card! Bring the card to the cafeteria on Nov. 28 at 12:30 p.m. and the trip winner will be announced.

Mugs can be purchased at the DSA Activities office!



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90% of campus rapes start here.

Whether it's slaking an urge, doing one's chores, or

the 10% of people that consider sex a social ritual.

Most people should know that under any circumstances, sex without the other person's consent is considered rape. A strong voice held

by power. And it's a crime.

That's why when you party it's good to know what your boundaries are, and when someone does it, it's your right to say no.

© 1990 Rape Awareness Center, Spence Mihnev, founder